

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Daily Activity Locations: All activities are in the Lifestyle Center unless otherwise indicated:</i> VC= Villas Café PD=Private Dining Room CK=Country Kitchen AH=Asbury Heights BC=Back Courtyard *Activities are subject to change when needed</p>	<p>1 9:00 Morning Meditation on the Porch 10:15 Rosary VC 11:00 Trivia/ Name 10 11:30 Exercise with Bobby 1:00 Bowling with Pins 2:00 Sing along Outside 3:30 Word in a Word 6:00 BINGO</p>	<p>2 9:00 Morning Walks/Porch Talks 11:00 Dart Ball 11:30 Exercise with Bobby 1:30 Father Gilbert Service 2:00 Adult Coloring/ Painting 3:30 Rev. Deborah Bible Study 4:30 Yoga/ Tai Chi Video</p>	<p>3 9:00 Porch Talks/Music Outside 10:15 Rosary VC 11:00 Reminisce Ball 11:30 Exercise with Bobby 1:00 Card Flip 2:00 Paper Plate Flag Craft 3:30 Sing Along Outside</p>	<p>4 4th of July 11:00 Trivia 11:30 Exercise with Bobby 1:00 Twice as Nice AH 2:00 Lisa Powell Sings for 4th of July 3:30 Categories 6:00 America JINGO 7:00 Movie- Gone with the Wind</p>	<p>5 9:00 Morning Walks 10:15 Rosary VC 11:00 Name that Tune 11:30 Exercise with Bobby 1:00 Sing Along Outside 2:00 Wii Jeopardy 3:30 Word in a Word</p>	<p>6 1:15 Scrabble/ Cards 2:00 Movie- We Bought a Zoo 3:30 Adult Coloring/ Painting 5:00 Eucharist</p>
<p>7 9:30-10:00 Porch Talks 11:00 Adult Coloring/Painting 1:00 Mass on Video 2:15 Service at AH 3:30 Sing Along Outside 4:30 Ladder Ball</p>	<p>8 9:00 Music on the Porch 10:15 Rosary VC 11:00 Noodle Ball 11:30 Exercise with Bobby 1:00 Dart Ball 2:00 Card Flip 3:30 BINGO 6:00 Word Bite</p>	<p>9 9:30-10:00 Porch Talks 11:00 Reminisce Ball 11:30 Exercise with Bobby 2:00 Dollar Tree Outing 3:30 Rev. Deborah Bible Study 4:30 Sing Along Outside</p>	<p>10 9:00 Morning Walk 10:15 Rosary VC/ Eucharist 11:00 Name that Tune 11:30 Exercise with Bobby 1:00 Adult Coloring/ Painting 2:30 Wii Jeopardy 3:30 Giant Crossword</p>	<p>11 11:00 Name 10 11:30 Exercise with Bobby 1:00 Twice as Nice AH 2:30 Word Bite 3:30 Sing Along Outside 6:00 Word in a Word 7:00 Movie- Casablanca</p>	<p>12 9:00 Morning Walk 10:15 Rosary VC 11:00 Reminisce Ball 11:30 Exercise with Bobby 1:00 Categories 2:00 Matt Smolko Sings/Guitarist 3:30 BINGO</p>	<p>13 1:15 Scrabble/ Cards 2:00 Movie- Ladies in Lavendar 3:30 Adult Coloring/ Painting 5:00 Eucharist</p>
<p>14 9:30-10:00 Porch Talks 11:00 Dart Ball 1:00 Mass on Video 2:15 Service at AH 3:30 Sing Along Outside 4:30 Giant Crossword</p>	<p>15 9:00 Morning Meditation on the Porch 10:15 Rosary VC 11:00 Noodle Ball 11:30 Exercise with Bobby 1:00 Painting Birdhouses 2:30 Word in a Word 3:30 Trivia/Word Bite 6:00 BINGO</p>	<p>16 9:30-10:00 Porch Talks/Music Outside 11:00 Trivia 11:30 Exercise with Bobby 1:00 Bowling with Pins 2:00 Trader Joes Outing 3:30 Rev. Deborah Bible Study 4:30 Yoga/ Tai Chi Video</p>	<p>17 9:00 Morning Walk 10:15 Rosary VC/ Eucharist 11:00 Reminisce Ball 11:30 Exercise with Bobby 1:00 Adult Coloring/ Painting 2:30 Resident Council Meeting 3:30 BINGO</p>	<p>18 11:00 Trivia 11:30 Exercise with Bobby 1:00 Twice as Nice AH 2:30 Wii Bowling 3:30 Dart Ball 6:00 Wii Jeopardy 7:00 Movie- An Affair to Remember</p>	<p>19 9:00 Morning Walk 10:15 Rosary VC 11:00 Name 10 11:30 Exercise with Bobby 1:00 Word in a Word 2:00 Drive About Pittsburgh 3:30 Giant Crossword</p>	<p>20 1:15 Scrabble/ Cards 2:00 Movie- The Princess Bride 3:30 Adult Coloring/ Painting 5:00 Eucharist</p>
<p>21 9:30-10:00 Porch Talks 11:00 Adult Coloring/Painting 1:00 Mass on Video 2:00 Card Flip 3:30 BINGO 4:30 Dart Ball</p>	<p>22 9:00 Porch Talks/Music Outside 10:15 Rosary VC 10:30 Giant Eagle Outing 11:30 Exercise with Bobby 2:00 Mike Chutz Sings/Guitarist 3:30 Word in a Word 6:00 Ladder Ball 7:00 Movie- Funny Girl</p>	<p>23 9:30 Morning Meditation on the Porch 11:00 Reminisce Ball 11:30 Exercise with Bobby 1:00 Bowling with Pins 2:30 Word Bite 3:30 Rev. Deborah Bible Study 4:30 Wii Bowling</p>	<p>24 9:00 Porch Talks/ Music 10:15 Rosary VC/ Eucharist 11:00 Name that Tune 11:30 Exercise with Bobby 1:00 Adult Coloring/ Painting 2:30 Dart Ball 3:30 BINGO</p>	<p>25 11:00 Dart Ball 11:30 Exercise with Bobby 1:00 Twice as Nice AH 2:30 Ladder Ball 3:30 Sing Along Outside 6:00 Giant Crossword 7:00 Movie- Tony Bennett & Lady Gaga Concert</p>	<p>26 9:00 Morning Walk 10:15 Rosary VC 11:00 Trivia 11:30 Exercise with Bobby 1:00 Categories 2:00 Word in a Word 3:30 Dart Ball</p>	<p>27 1:15 Scrabble/ Cards 2:00 Movie- Chicken Little 3:30 Adult Coloring/ Painting 5:00 Eucharist</p>
<p>28 9:30-10:00 Porch Talks 11:00 Wii Bowling 1:00 Mass on Video 2:15 Service at AH 3:30 Sing Along Outside 4:30 Ladder Ball</p>	<p>29 9:00 Morning Meditation on the Porch 10:15 Rosary VC 11:00 Name 10 11:30 Exercise with Bobby 1:00 Card Flip/ Connect 4/Board games 3:30 Dart Ball 6:00 BINGO 7:00 Movie- Arabian Nights</p>	<p>30 9:30-10:00 Porch Talks/Music Outside 11:00 Trivia 11:30 Exercise with Bobby 1:00 Word in a Word 1:30 Word Bite 2:00 Current Events with Joel 3:30 Rev. Deborah Bible Study 4:30 Yoga/ Tai Chi Video</p>	<p>31 9:00 Morning Walk 10:15 Rosary VC/ Eucharist 11:00 Reminisce Ball 11:30 Exercise with Bobby 1:00 South Park Picnic Outing 1:00 Art with Janet 2:00 Kristin Pacelli Sings for Birthdays of the Month 3:30 Giant Crossword</p>			

July Trivia

1. On July 1, 1961, Princess Diana was born and later became the Princess of Wales when she married the heir to the British throne. This was her title and name before she married then-Prince Charles.
2. On July 30, 1965, President Lyndon Johnson signed into law this act that provides health insurance to Americans aged 65 and older
3. July's full moon is known as this.
4. This national celebration in France happens every July and draws huge crowds to the streets of Paris.
5. This was the Coca-Cola company's original diet soda brand.

Answers: **1. Lady Diana Spencer.** She was known as "The People's Princess" and tragically passed away in an automobile accident on August 30, 1997. **2. Medicare.** The act amended the Social Security Act, which became law in 1935. **3. The (full) buck moon.** The moon gets this name from the male deer (buck), which in July is in its final month of antler growth. The antlers regrow each year, often slightly bigger than the year prior. **4. Bastille Day.** It commemorates the storming of the Bastille in 1789, which sparked the French Revolution. **5. Tab.** It was introduced with the tagline "How can just one calorie taste so good?" It debuted in 1963 and was discontinued in 2020.



Source: Activity Connection

Celebrating with a Bang!

Parades, picnics, barbecues, music, and most of all, fireworks, make the Fourth of July a special celebration across the country. Since 1976, New York City has had the largest fireworks display. Sponsored by Macy's, it an explosive extravaganza with more than 22 tons of colorful pyrotechnics exploded over the East River. The Boston Pops Orchestra's yearly music and fireworks celebration over the Charles River Esplanade in Boston has been televised nationally since 1973. And, of course, fireworks on the Capitol lawn in Washington, D.C., typically attract more than a half a million people. Detroit celebrates with its Canadian sister-city Windsor, Ontario, commemorating the Fourth of July and Canada Day (July 1) in a blowout called the International Freedom Festival. Fireworks ignited on barges floating on the Detroit River between the two cities create a fitting and spectacular end to the celebration.



Source: Activity Connections



Villas Times

Celebrating July

Canada Day

July 1

4th of July

July 4

Ice Cream Day

July 21

Cowboy Day

July 27

Watermelon Day

July 31



Van Trips in July

Tuesday, July 9 -@ 2:00

Dollar Tree

Tuesday, July 16 -@ 2:00

Trader Joe's

Friday, July 19 -@ 2:00

Drive About Pittsburgh

Monday, July 22 -@ 10:30

Giant Eagle

Wednesday, July 31- @

South Park for a Picnic



Happy Birthday

Joan. R 7/12

Mary Lou. B 7/22

Nancy. I 7/30

Reginald. T 7/30



Special Events

Lisa Powell will be performing for the 4th of July at 2:00 in the Activities Room!

On Friday July 19th we will be going on a drive about of the city of Pittsburgh! Make sure to sign up for the trips, right next to the mailboxes.

The last Art class with our art teacher Janet will be July 31st at 1:00.

We'll be taking the bus to South Park on July 31st at 1:00 to have a picnic in the park!