

1:30 Exercise with Bob SP

3:30 Exercise with Bob LL

2:00 Bingo

4:00 Social Zone

Movies

3:30 Snack Cart

4:00 Outdoor strolls

2:30 Worship- HC (CH 957)

Spring & Laural Lane

11:30 Bible Study SP

3:00 Snacks Cart

4:00 Social zone

2:00 Sunshine Boys

July 2024 Edition

Activities Director: Teresa Valentino Life Enrichment Coordinator Jack Xavier Boettger Activities Coordinator: Matt,

Dorothy

Asbury Heights
700 Bower Hill Rd
Pittsburgh, PA 15243
(412)571-5190

Creativity ~ Arts, Crafts & Baking

Rhythm ~ Music & Singing

Enrichment ~ Reading & Trivia

Relaxation ~ Massage & Sensory

*Activities are subject to change when needed

			Dorothy				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	10:30 Today in History 11:00 Triva Zone 1:30 Exercise with Bob SP 2:00 Bingo 3:30 Exercise with Bob LL 4:00 Social Zone	10:30-Today in History 11:00 Bible Study LL 11:30 Bible Study SP 2:00 Jeopardy Tivia 3:00 Snack Cart 4:00 Social Zone	1:30 Eucharistic Service HC 1:30 Exercise with Bob SP 2:15 Bingo 3:30 Exercise with Bob LL 4:00 Snack Cart 6:30 Movie zone	10:30-Today in History 11:00 Independence History 1:30 Sitting Outside 3:00 Snack Cart 4:00 Social Zone	10:30 Today in History 11:00 Sing a Long Suzie Q 1:30 Exercise with Bob SP 2:00 Bingo 3:30 Exercise with Bob LL 4:00 Social Zone	Adult Coloring Word Search Movies 1: 30 Crosswords \ Outdoor Strolls 2:30 Family Feud 3:30 Snack Cart 4:00 You Be the Judge	
Crosswords Word Search Movies 2:30 Worship- HC (CH 957) 3:30 Snack Cart 4:00 Outdoor strolls	10:30 Today in History 11:00 Triva Zone 1:30 Exercise with Bob SP 2:00 Bingo 3:30 Exercise with Bob LL 4:00 Social Zone	10:30-Today in History 11:00 Bible Study LL 11:30 Bible Study SP 1:30 Coloring Inn 3:00 Snack Cart 4:00 Social Zone	10:30 Art With Janet 1:30 Eucharistic Service HC 1:30 Exercise with Bob SP 2:15 Bingo 3:30 Exercise with Bob LL 6:30 Movie zone	10:30-Today in History 11:00 Trivia Time 2:00 Smoothie Lanes 3:00 Snack Cart 4:00 Social zone	10:30 Today in History 11:00 Sing a Long Suzie Q 1:30 Exercise with Bob SP 2:00 Bingo 3:30 Exercise with Bob LL 4:00 Social Zone	Adult Coloring Word Search Movies 1: 30 Crosswords \ Outdoor Strolls 2:30 Family Feud 3:30 Snack Cart 4:00 You Be the Judge	
Crosswords Word Search Movies 2:30 Worship- HC (CH 957) 3:30 Snack Cart 4:00 Outdoor strolls	10:30 Today in History 11:00 Triva Zone 1:30 Exercise with Bob SP 2:00 Bingo 3:30 Exercise with Bob LL 4:00 Social Zone	10:30-Today in History 11:00 Bible Study LL 11:30 Bible Study SP 2:00 Lisa Powell LL 3:00 Snack Cart 4:00 Social Zone	1:30 Eucharistic Service HC 1:30 Exercise with Bob SP 2:15 Bingo 3:30 Exercise with Bob LL 6:30 Movie zone	18 Shark Theme Day 10:30-Today in History 11:00Morning Stretches 1:00 July Birthdays 3:00 Snack Cart 4:00 Social Zone	10:30 Today in History 11:00 Matt Price Drum Circ 1:30 Exercise with Bob SP 2:00 Bingo 3:30 Exercise with Bob LL 4:00 Social Zone	Adult Coloring Word Search Movies 1: 30 Crosswords \ Outdoor Strolls 2:30 Family Feud 3:30 Snack Cart 4:00 You Be the Judge	
Crosswords Word Search Movies 2:30 Worship- HC (CH 957) 3:30 Snack Cart 4:00 Outdoor strolls	10:30 Today in History 11:00 Triva Zone 1:30 Exercise with Bob SP 2:00 Bingo 3:30 Exercise with Bob LL 4:00 Social Zone	10:30-Today in History 11:00 Bible Study LL 11:30 Bible Study SP 2:30 Ice Cream Social SR 3:00 Snack Cart 4:00 Social zone	1:30 Eucharistic Service HC 1:30 Exercise with Bob SP 2:15 Bingo 3:30 Exercise with Bob LL 4:00 Snack Cart 6:30 Movie zone	10:30-Today in History 11:00 Millionaire Game 1:00 Resident Council 1:30 Sitting Outside 3:00 Snack Cart 4:00 Social Zone	10:30 Today in History 11:00 Sing a Long Suzie Q 1:30 Exercise with Bob SP 2:00 Bingo 3:30 Exercise with Bob LL 4:00 Social Zone	Adult Coloring Word Search Movies 1: 30 Crosswords \ Outdoor Strolls 2:30 Family Feud 3:30 Snack Cart 4:00 You Be the Judge	
28 Crosswords Word Search	10:30 Today in History 11:00 Triva Zone	10:30-Today in History 11:00 Bible Study LL 11:30 Bible Study SP	1:30 Eucharistic Service HC 1:30 Exercise with Bob SP 2:15 Ringo			Each day we focus on: Motion Exercise & Movement Creativity Arts, Crafts & Baking	

2:15 Bingo

4:00 Snack Cart

6:30 Movie zone

3:30 Exercise with Bob LL