

SUN	MON	TUE	WED	THUR	FRI	SAT
2:30 PM Church Service (HC) 30	9:00 AM Fitness Class with Bobby (FR) 31	LOCATION KEY SR - Asbury Heights Social Room FR - Fitness Room HC - Hickman Chapel at Asbury	Heights RR - Regency Room			1:00 PM Religion in America Seminar (RR) 6:30 PM Ice Cream Party (RR) 1
1:45 PM PSO Pops Concert 2:30 PM Church Service (HC) 2	9:00 AM Fitness Class with Bobby (FR) 3	12:30 PM Lunch at Kings Family Restaurant & Trip to Sarris Candies 3:00 PM Fitness Class with Bobby (FR) 4	9:00 AM Fitness Class with Bobby (FR) 5 10:30 AM Bible Study (RR)	1:00 PM Wii Bowling & Sports (FR) 6 3:00 PM Fitness Class with Bobby (FR)	9:00 AM Fitness Class with Bobby (FR) 7 10:30 AM Trip Committee Meeting (RR)	1:00 PM Religion in America Seminar (RR) 8
Daylight Savings Time Begins 2:30 PM Church Service (HC) 9	9:00 AM Fitness Class with Bobby (FR) 10	3:00 PM Fitness Class with Bobby (FR) 11 7:00 PM Book Review with Dr. Aupperle (RR)	9:00 AM Fitness Class with Bobby (FR) 12 9:30 AM BP Screening 10:30 AM Bible Study (RR) 12:00 PM Cranium Crunches (RR) 7:00 PM Bingo! (RR)	1:00 PM Irish Music w/ Noah (RR) 13 3:00 PM Fitness Class with Bobby (FR) 5:30 PM Dinner at Luma	9:00 AM Fitness Class with Bobby (FR) 14	12:15 PM Trip to see Mary Poppins at Upper St. Clair High School 15
2:30 PM Church Service (HC) 16	St. Patrick's Day 9:00 AM Fitness Class with Bobby (FR) 17 1:30 PM Resident Council Meeting (SR) 5:00 PM St. Patrick's Day Party (RR)	9:00 AM Omelet Bar (RR) 18 1:00 PM Zentangle Line & Pattern Art (RR) 3:00 PM Fitness Class with Bobby (FR) 6:45 PM River City Brass Band Concert	9:00 AM Fitness Class with Bobby (FR) 19 10:30 AM Bible Study (RR) 7:00 PM George Savarese - Current Events Speaker (RR)	12:30 PM Lunch at Yianni's 20 3:00 PM Fitness Class with Bobby (FR)	9:00 AM Fitness Class with Bobby (FR) 21	10:00 AM Making Placemats (RR) 22 1:00 PM Religion in America Seminar (RR)
2:30 PM Church Service (HC) 23	9:00 AM Fitness Class with Bobby (FR) 24	11:00 AM Book Talk w/ Librarian Jane (RR) 25 1:00 PM Family Feud (RR) 3:00 PM Fitness Class with Bobby (FR)	9:00 AM Fitness Class with Bobby (FR) 26 10:30 AM Bible Study (RR) 5:00 PM Happy Hour (RR)	1:00 PM Jeopardy (RR) 27 3:00 PM Fitness Class with Bobby (FR) 5:30 PM Dinner at Mystery Place!	9:00 AM Fitness Class with Bobby (FR) 28	1:00 PM Religion in America Seminar (RR) 29

March 2025

Noah Al-Shemmari - (412) 571-5183

Zachary Clutter - (412) 571-5172



March Birthdays

Jocelyn Lefler	2	Tim Reilly	15
John Smith	3	Sam Sinderson	17
Dave Hoelzeman	3	Toby Nagle	17
Marilyn Albitz	6	Darlene Smith	20
Bette Ruh	7	Mary Feith	21
Barbara Yanefski	11	Tim Trafalski	25
Maureen Kitner	14	Ann Fox	30

Shopping Trip Schedule – 9:45 AM Departure on Thursdays

Walmart & Shop ‘N Save

March 6th

Aldi - Carnegie

March 20th

Giant Eagle & PNC

March 13th

Trader Joe’s

March 27th

**Book Review
w/ Dr. Aupperle
Writings of
Dietrich
Bonhoeffer**



Asbury HEIGHTS

An Oakdale Seniors Alliance Supported Community



YOU ARE INVITED TO A

ST. PATRICK'S DAY

PARTY

Monday, March 17, 2025

5:00 PM

Regency Room